

Healthy Hospitals Food Beverage Scan

Please complete the scan below. If you have questions, call Dr. Cohen at 505/277-6430.

Thank you!

Startup Information

- 1) Rater ID # Please enter the rater ID number you were provided _____
- 2) Hospital ID # Please enter the hospital ID number you were provided _____
- 3) Hospital Name Insert here the name of the hospital _____
- 4) Number of Cafeterias (including physician cafeterias) _____
- 5) Are there any fast food or similar restaurants on site? Yes No
- 6) Number of Coffee Shops _____
- 7) Which meal are you evaluating? Breakfast Lunch

Cafeteria Food

- | | Yes | No |
|--|---------------------------|---|
| 8) Nutrition information present on menu boards? | <input type="radio"/> | <input type="radio"/> |
| 9) Nutrition information on display other area (Point of service) | <input type="radio"/> | <input type="radio"/> |
| 10) Are there any signs, table tents or other displays that encourage "general" healthy eating? | <input type="radio"/> | <input type="radio"/> |
| 11) Are there any signs, table tents or other displays that encourage "specific" healthy eating? | <input type="radio"/> | <input type="radio"/> |
| 12) Are there any signs, table tents or other displays that encourage unhealthy eating choices, "supersize" or "all you can eat" | <input type="radio"/> | <input type="radio"/> |
| 13) Is the "Feature of the Day" or special combination unhealthy | <input type="radio"/> | <input type="radio"/> |
| 14) Encourage healthy food choices as part of wellness program | <input type="radio"/> | <input type="radio"/> |
| 15) Are there promotions for healthy foods? | <input type="radio"/> | <input type="radio"/> |
| 16) Does the hospital offer fast food such as McDonald's, Chick-fil-A, Burger King, Wendy's etc. | <input type="radio"/> Yes | <input type="radio"/> No <input type="radio"/> Unsure |

Grab N Go

- 17) Total number of fresh fruit choices available? _____
- 18) Total number of prepackaged individual fruit choices available? _____
- 19) Any fruits near point-of-purchase? Yes No
- 20) Skim and 1% milk price compared to 2% and whole milk Higher Same Lower
- 21) Total number of prepackaged individual size vegetables choices (include prepackaged small salads) available? _____
- 22) Price of diet soda compared to regular soda Higher Same Lower
- 23) Any vegetables near point-of-purchase? Yes No
- 24) Total number of choices of cereal products greater than 7 g sugar per serving _____
- 25) Price of 100% fruit juice compared to fruit drinks and sports/energy drinks Higher Same Lower
- 26) Price of low sugar cereal compared to serial greater than 7 g of sugar per serving Higher Same Lower
- 27) Total number of BAKED chips equal to or less than 3 g of fat per serving _____
- 28) Bottled water price compared to regular soda Higher Same Lower
- 29) Total number of choices of REGULAR chips (include corn chips, potato chips, pork rinds, fried onions etc) equal to or greater than 3 g of fat per serving _____
- 30) Charge for glasses of drinking water? Yes No
- 31) Price of low fat chips compared to chips greater than 3 g of fat per serving Higher Same Lower
- 32) CHIPS Less than 3 g of fat per serving Yes No

Beverages (Bottle, canned Beverages (as opposed to fountain beverages))

- | | Yes | No |
|---|-----------------------|-----------------------|
| 33) Skim, 1% available? | <input type="radio"/> | <input type="radio"/> |
| 34) Low fat 2% available? | <input type="radio"/> | <input type="radio"/> |
| 35) Muscle milk, Milk shakes,
Flavored milk? | <input type="radio"/> | <input type="radio"/> |
| 36) Diet Sodas? | <input type="radio"/> | <input type="radio"/> |
| 37) Regular Sodas? | <input type="radio"/> | <input type="radio"/> |
| 38) 100% Fruit Juice? | <input type="radio"/> | <input type="radio"/> |
| 39) Fruit Drinks, Sport Drinks,
Energy Drinks? | <input type="radio"/> | <input type="radio"/> |
| 40) Bottled Water? | <input type="radio"/> | <input type="radio"/> |
| 41) Flavored Water? | <input type="radio"/> | <input type="radio"/> |
| 42) Kool aid, Lemonade? | <input type="radio"/> | <input type="radio"/> |
| 43) Free refills on fountain sugar
drinks/sweetened tea? | <input type="radio"/> | <input type="radio"/> |
| 44) Fruit Juice Smoothies (ie.
Odwalla, Naked)? | <input type="radio"/> | <input type="radio"/> |

45) What is the total number of diet sodas? (Diet Coke, Diet Pepsi, Crystal Light, Diet Dr Pepper)

46) What is the total number of bottled water options?

47) Total number of 100% fruit juice options (not including fountain choices)

48) What is the total number of regular sodas? (Coke, Pepsi, Dr Pepper, Mountain Dew)

Menu Items**How many options are available for**

- | | None | 1 choice | 2-4 choices | 5 or more choices |
|--|-----------------------|---------------------------|--------------------------|-----------------------|
| 49) Healthy Options: Main dishes/entrees | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 50) Healthy Options: Sandwiches/wraps | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 51) Healthy Options: Non-fried vegetable (w/o added sauce, including cheese, oils) Respond for breakfast OR lunch BUT not both | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 52) Operable sources of drinking water (free standing water fountains, in soda fountain area)? | | <input type="radio"/> Yes | <input type="radio"/> No | |

Fountain Station Proportions**Note: Respond for either breakfast OR lunch BUT not both**

- | | Yes | No |
|--|-----------------------|-----------------------|
| 53) Diet Soda proportion greater than or equal to 50% compared to regular soda | <input type="radio"/> | <input type="radio"/> |
| 54) 100% Juice greater than or equal to 50% compared to juice drink | <input type="radio"/> | <input type="radio"/> |
| 55) Unsweetened tea greater than or equal to 50% compared to sweetened tea | <input type="radio"/> | <input type="radio"/> |

Are any of the following available?**Note: Respond for Lunch, only**

- | | Yes | No |
|---|-----------------------|-----------------------|
| 56) 100% Whole grain starch side (without cheese, added meats or fat) | <input type="radio"/> | <input type="radio"/> |
| 57) Baked potato, rice without fat/meat/sauce | <input type="radio"/> | <input type="radio"/> |
| 58) Beans (kidney, black) without added meat, fat | <input type="radio"/> | <input type="radio"/> |
| 59) Non-cream based soup (tomato, broth) | <input type="radio"/> | <input type="radio"/> |
| 60) Salad Bar | <input type="radio"/> | <input type="radio"/> |
| 61) Prepackaged salads | <input type="radio"/> | <input type="radio"/> |
| 62) Mayonnaise based salads (pasta, chicken, egg) | <input type="radio"/> | <input type="radio"/> |
| 63) Salad Dressing Options | <input type="radio"/> | <input type="radio"/> |
| 64) How many low fat or fat free salad dressings are available? | | |
| <input type="radio"/> None | | |
| <input type="radio"/> 1 choice | | |
| <input type="radio"/> 2 choices | | |
| <input type="radio"/> 3 or more choices | | |

Meal Price Comparisons

- | | More | Same | Less |
|---|-----------------------|-----------------------|-----------------------|
| 65) Healthy combination meal price compared to regular combination meal | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 66) Healthy entree price compared to regular entrée | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 67) Healthy sandwich/wrap price compared to regular sandwich cost | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Point of Decision/Purchase

- | | Yes | No |
|--|-----------------------|-----------------------|
| 68) Signs that encourage general healthy food choices? | <input type="radio"/> | <input type="radio"/> |
| 69) Icons identify specific healthy items in machine? | <input type="radio"/> | <input type="radio"/> |
| 70) Signs, displays or images that encourage unhealthy food choices? | <input type="radio"/> | <input type="radio"/> |
| 71) Exterior displays image of healthy food item? | <input type="radio"/> | <input type="radio"/> |
| 72) Encourage healthy food as part of wellness program? | <input type="radio"/> | <input type="radio"/> |
| 73) Is there nutritional information posted on the vending machine? | <input type="radio"/> | <input type="radio"/> |
| 74) Total # of slot space for the vending machine you scanned | | _____ |
| 75) Total # of slots for Baked chips, nuts or healthy snacks for the vending machine you scanned | | _____ |

Price Healthy Vending Snacks

- | | Lower price for 3 or more grams fat | Same price for 3 or more grams fat | Higher price for 3 or more grams fat |
|--|-------------------------------------|------------------------------------|--------------------------------------|
| 76) Price of low-fat chips compared to regular chips at 3 or more grams of fat/serving | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | Lower | Same | Higher |
| 77) Price of healthy granola bar compared to candy bar | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Vending Machines: Beverages

- 78) What is the total # of slot spaces for beverages? _____
- 79) Diet Soda What are the # of vending machine slots for Diet Soda? _____
- 80) Regular Soda What are the # of vending machine slots for Regular Soda? _____
- 81) What are the sizes of the Regular Soda? Please enter the sizes in ounces separated by a comma e.g., 12, 16, 24 _____
- 82) Juice What are the # of vending machine slots for Juice? _____
- 83) Juice Drink What are the # of vending machine slots for Juice Drink? _____
- 84) What are the sizes of the Juice Drink? Please enter the sizes in ounces separated by commas e.g., 12,16, 24 _____
- 85) Energy Drinks What are the # of vending machine slots for Energy Drinks? _____
- 86) Energy Drink What are the sizes of the Energy Drinks? Please enter the sizes in ounces separated by a comma e.g., 12,16, 24 _____
- 87) Unsweetened Tea What are the # of vending machine slots for Unsweetened Tea? _____
- 88) What are the sizes of the Sweetened Tea? Please enter the sizes in ounces separated by commas e.g., 12, 16, 24 _____
- 89) Milk/Flavored Milk What are the # of vending machine slots for 2% Milk or less? _____
- 90) Water What is the total # of slot spaces for Water? _____

Beverage vending: Facilitators/Barriers

- | | Yes | No |
|--|-----------------------|-----------------------|
| 91) Signs that encourage general healthy beverage choices | <input type="radio"/> | <input type="radio"/> |
| 92) Icons identify specific healthy items in machine | <input type="radio"/> | <input type="radio"/> |
| 93) Signs, displays or images encourage unhealthy beverage choices | <input type="radio"/> | <input type="radio"/> |
| 94) Exterior displays image of healthy beverage item | <input type="radio"/> | <input type="radio"/> |
| 95) Encourage healthy beverages as part of wellness program | <input type="radio"/> | <input type="radio"/> |

Price Comparisons

- | | Lower | Same | Higher |
|--|-----------------------|-----------------------|-----------------------|
| 96) Price of water compared to regular soda | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 97) Price of diet soda compared to regular soda | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 98) Price of 100% juice compared to juice drink and sports/energy drinks | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 99) Price of unsweetened tea compared to sweetened tea | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 100) Please offer comments regarding today's scan | | | |
| | Lower | Same | Higher |
| 101) Price of 2% milk compared to whole milk | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |